



ideal

MEALS

for  
Schools

# School Lunch Menu

Term 6: 3rd June - 19th July

[idealschoolmeals.co.uk](http://idealschoolmeals.co.uk)

# Welcome to our Term 6 Menu!

Our menus offer a wide variety of tried & tested child-friendly recipes, that meet and often exceed the national standards for school lunches.

Full allergen information is available and special dietary requirements can be catered for. You can download the allergen information here [idealschoolmeals.co.uk/  
allergen-advice](https://idealschoolmeals.co.uk/allergen-advice)

Should your child have a medically diagnosed allergy or health condition and you'd like to discuss what we can offer, please contact us.



**SIMPSONS  
BUTCHERS**

Supporting the local economy and keeping food miles low is really important to us.

We're fortunate to have worked with two main, local suppliers from the outset.

**JHULL**  
WHOLESALE  
QUALITY FRESH PRODUCE

The renowned Simpsons Butchers, supply our high welfare meat, traceable right back to the farm.

Jonathon Hull provides a large proportion of the fresh vegetables and potatoes used in our meals, many of which are grown in Lincolnshire.

**Bloomsbury**  
BAKERY

More recently, we have started working with the fantastic team over at Bloomsbury Bakery. This Grantham based company, managed by a Father and son, have been trading for over 30 years.

Friday  
7th  
June

## Upcoming Theme Days



### World Ocean Day

There's something a bit fishy about today's menu! World Ocean Day aims to deepen the understanding of humankind's relationship with the ocean and how we can protect it for future generations.



Friday  
14th  
June



### Fathers Day Brunch

Celebrating and honouring all caregivers today, with a range of our favourite brunch options.

Thursday  
20th  
June

### THE SUMMER SOLSTICE

Welcoming the first official day of the summer season. At the summer solstice, the sun travels the longest path through the sky and that day therefore has the most daylight. What better way to celebrate more sunshine and warmer temperatures than with a range of BBQ and picnic lunch options.



Monday  
1st  
July

### Wimbledon themed lunch

The longest running tournament in the world kicks off today, with players from more than 60 nations competing in front of a crowd of millions worldwide.

We're serving up an ace tennis themed menu today.



Thursday 18th & Friday 19th July

### Leavers Lunch

Bidding a fond farewell to our Year 6's, and all children moving on to new schools.

Goodbye and good luck!





# World Ocean Day



	Monday 3rd June	Tuesday 4th June	Wednesday 5th June	Thursday 6th June	Friday 7th June
<b>Lunch Option 1</b>	Creamy Tomato Pasta & Garlic Bread	Breaded Chicken, Rice & BBQ Sauce	Roast Beef & Mashed Potato	Pasta Bolognese	Pirate Pete's Breaded Fish Fingers & Tortilla Wrap
<b>Lunch Option 2</b>	Mild Mexican Bean Wrap	Cheese & Ham Potato Shells	Creamy Tuna & Sweetcorn Pasta Bake	Chicken Quesadilla	Veggie Puff Pastry Tart
<b>Lunch Option 3</b>	Quorn Mince & Potato in Gravy & Yorkshire Pudding	Veggie Dippers, Rice & BBQ Sauce	Cheese & Bean Pasty & Mashed Potato	Stuffed Pepper in Tomato Sauce	Lifebuoy Cheese & Tomato Pizza Bagel
1, 2 & 3 served with	Peas, Sweetcorn & Diced Carrots	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Diced Roast Potatoes, Spaghetti Hoops & Salad Platter
<b>Lunch Option 4</b>	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
<b>Lunch Option 5</b>	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Egg Mayo Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
<b>Dessert Option D</b>	Ice Cream Sponge Roll	Fruit Sponge Pudding & Custard	Vanilla Sponge with Raspberry Ripple Icing	Chocolate Cracknel	Fruity Friday - Baby Shark Shortbread & Fruit Platter
<b>Dessert Option Y</b>	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
<b>Dessert Option F</b>	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



# Fathers Day Brunch

	Monday 10th June	Tuesday 11th June	Wednesday 12th June	Thursday 13th June	Friday 14th June
Lunch Option 1	Macaroni Cheese & Bread Selection	Mild Chicken Tikka Masala, Rice & Pitta	Ham & Cheese Pizza	Roast Chicken & Mashed Potato	The Ideal Brunch - Lincolnshire Sausage & Mini Bread Roll
Lunch Option 2	Jacket Potato & Mega Mild Veggie Chilli	Tuna & Tomato Pasta Bake	Garlic & Herb Chicken	Breaded Fishcake, Mashed Potato & Ketchup	Cheese, Bacon & Ketchup Wrap
Lunch Option 3	Quorn Mince & Vegetable Curry & Rice	Cheese Filled Potato Shells	Breaded Vegetable Fingers	Quorn Cottage Pie	Quorn Sausage & Cheese Brunch Muffin
1, 2 & 3 served with	Mixed Vegetables	Mixed Vegetables	Diced Roast Potatoes, Peas, Sweetcorn & Ketchup	Mixed Vegetables	Hash Brown & Baked Beans
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Cheese Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Oat Cookie	Vanilla Sprinkle Sponge Cake	Diced Peaches & Ice Cream	Toffee Sponge Cake & Orange Wedge	Chocolate Brownie
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

# THE SUMMER SOLSTICE

	Monday 17th June	Tuesday 18th June	Wednesday 19th June	Thursday 20th June	Friday 21st June
Lunch Option 1	Tomato Macaroni Pasta Bake & Bread Selection	Sliced Gammon Ham (served chilled)	Mild & Creamy Coconut Chicken Curry & Rice	Lincolnshire Sausage Hot Dog	Breaded Fish Fingers
Lunch Option 2	Salmon Fishcake, 1/2 Jacket Potato & Ketchup	Sticky Honey Chicken	Hunters Chicken Pasta	Summertime Picnic - Ham Sandwich, Cheese Chunk, Crudites, Cookie & Fruit	Cauliflower & Broccoli Cheese Bake
Lunch Option 3	Stuffed Pepper in Tomato Sauce	Cheese Puff Pastry Pinwheel	Cheese Topped Veggie Cottage Pie	Quorn Sausage Hot Dog	Veggie Bean Burger
1, 2 & 3 served with	Mixed Vegetables	Diced Roast Potatoes, Baked Beans & Coleslaw	Mixed Vegetables	M1/M3 Only - Spaghetti Hoops & Cucumber Slices	Oven Chips, Peas & Ketchup
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Egg Mayo Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Tutti Frutti Biscuit	Apple & Fresh Cream Sponge Cake	Chocolate Sponge & Chocolate Sauce	Sunshine Lemon Cookie	Fruity Friday - Buttercream Sponge Cake & Fruit Platter
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit





Try the delicious

# SIMPSONS BUTCHERS

Puff Pasty Sausage Rolls!

...an all time favourite!

	Monday 24th June	Tuesday 25th June	Wednesday 26th June	Thursday 27th June	Friday 28th June
Lunch Option 1	Cheese & Tomato Pizza Slices & Ketchup	Bacon Mac' Cheese	Simpsons Puff Pastry Sausage Roll	Pasta Bolognese	Breaded Fishcake
Lunch Option 2	Quorn Mince & Potato in Gravy & Yorkshire Pudding	Beef Cottage Pie	Cheese & Bean Pasty	Ham & Cheese Potato Shells	BBQ Chicken Breast
Lunch Option 3	Quorn Sausage, Baked Bean & Mash Pie	Quorn Pasta Bolognese	Breaded Vegetable Fingers	Vegetable Lasagne	Veggie Pizza
1, 2 & 3 served with	Peas, Sweetcorn & Carrots	Mixed Vegetables	Diced Roast Potatoes & Baked Beans	Mixed Vegetables	Mashed Potato & Baked Beans
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Baguette	Cheese Baguette	Sliced Ham Baguette	Cheese Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Chocolate Cracknel	Iced Carrot Cake & Melon Slice	Chocolate Buttercream Sponge Cake	Banoffee Pancake	Oat Cookie
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



# Wimbledon themed lunch

Monday  
1st July



	Monday 1st July	Tuesday 2nd July	Wednesday 3rd July	Thursday 4th July	Friday 5th July
<b>Lunch Option 1</b>	Matchpoint Meatballs in Cheesy Tomato Sauce & Penalty Pasta	Roast Beef	Garlic & Herb Chicken with Rice & Mayo	Cheese & Bacon Puff Pastry Pinwheel	Breaded Fish Fingers
<b>Lunch Option 2</b>	Cannonball Cheese & Bacon Bagel	Creamy Chicken Cottage Pie	Chicken Quesadilla	Veggie Bean Burger	Crustless Veggie Quiche
<b>Lunch Option 3</b>	Grand Slam Sausage Hot Dog with Ketchup	Homemade Quorn Toad in the Hole	Cheese & Tomato Pizza Slices & Ketchup	Quorn Dippers	Vegetable Puff Pastry Pie
1, 2 & 3 served with	Peas, Sweetcorn & Diced Carrots	Diced Roast Potatoes & Mixed Vegetables	Crudité Platter	Mashed Potato & Baked Beans	Oven Chips, Peas & Ketchup
<b>Lunch Option 4</b>	Racket Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
<b>Lunch Option 5</b>	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Egg Mayo Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
<b>Dessert Option D</b>	Strawberry Jelly & Ice Cream	Vanilla Sponge with Raspberry Ripple Icing	Fruit Crumble & Custard	Toffee Sponge Cake	Fruity Friday - Shortbread Finger & Fruit Platter
<b>Dessert Option Y</b>	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
<b>Dessert Option F</b>	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit





Did you know

# July is National Ice Cream Month?

Check out our website or social media pages for a range of homemade ice cream recipes

[idealschoolmeals.co.uk/recipes](https://idealschoolmeals.co.uk/recipes)

Or find us on social media:

[facebook.com/idealschoolmeals](https://facebook.com/idealschoolmeals)

[instagram.com/idealschoolmeals](https://instagram.com/idealschoolmeals)

	Monday 8th July	Tuesday 9th July	Wednesday 10th July	Thursday 11th July	Friday 12th July
<b>Lunch Option 1</b>	Tomato Macaroni Pasta Bake & Bread Selection	Mild & Creamy Coconut Chicken Curry & Rice	Beef Lasagne	The Ideal Brunch - Lincolnshire Sausage & Mini Bread Roll	Ham & Cheese Pizza
<b>Lunch Option 2</b>	Cauliflower, Broccoli & Potato Cheese Bake	Beef Cottage Pie	Hunters Chicken Pasta	Cheese, Bacon & Ketchup Wrap	Breaded Salmon Fishcake
<b>Lunch Option 3</b>	Potato & Vegetable Curry with Rice	Cheese Filled Potato Shells	Quorn Cottage Pie	Quorn Sausage & Cheese Brunch Muffin	Breaded Veggie Dippers
1, 2 & 3 served with	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Hash Brown & Baked Beans	Diced Roast Potatoes, Peas & Ketchup
<b>Lunch Option 4</b>	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
<b>Lunch Option 5</b>	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Cheese Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
<b>Dessert Option D</b>	Cocoa Oat Cookie	Diced Peaches & Ice Cream	Chocolate Pear Sponge & Chocolate Sauce	Vanilla Sprinkle Sponge Cake	Tutti Frutti Cookie
<b>Dessert Option Y</b>	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
<b>Dessert Option F</b>	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



# Leavers' Lunch

	Monday 15th July	Tuesday 16th July	Wednesday 17th July	Thursday 18th July	Friday 19th July
Lunch Option 1	Macaroni Cheese & Bread Selection	Beef Bolognese with Rice & Garlic Bread	Sliced Gammon (served chilled)	Simpsons Beef Burger & Fresh Bloomsbury Roll	Breaded Fish Fingers
Lunch Option 2	Cheese & Bacon Bagel	Quorn Sausage, Baked Bean & Mash Pie	Cheese & Bean Pasty	Simpsons Lincolnshire Sausage Hot Dog & Fresh Roll	Cheese Puff Pastry Pinwheel
Lunch Option 3	Mild Mexican Bean Wrap	Tomato Pasta Bake & Garlic Bread	Breaded Vegetable Fingers	Quorn Sausage Hot Dog	Cheese & Tomato Pizza
1, 2 & 3 served with	Mixed Vegetables	Mixed Vegetables	Diced Roast Potatoes, Baked Beans & Coleslaw	Spaghetti Hoops & Rainbow Salad Platter	Mashed Potato, Peas & Ketchup
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Egg Mayo Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Oat Cookie	Jelly & Melon Slice	Apple & Fresh Cream Sponge Cake	Leavers Day Chocolate & Vanilla Cupcakes	Chocolate Cracknel
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

# **We love to talk about what we can offer your children**

We are always on hand to answer any questions in relation to our service.

Contact us at any time using the details below.

**Call 01522 246424**

**or email**

**[enquiries@idealschoolmeals.co.uk](mailto:enquiries@idealschoolmeals.co.uk)**

Follow us on social media.

It's a great way to see some of the meal options on offer.

  **@idealschoolmeals**